

## 5 Sledmere Country

17.5 miles (28km)  
from Sledmere

Unlike the other rides in this guide, this one starts on the high Wolds at Sledmere estate village. Visit Sledmere House, the splendid Georgian and Edwardian house owned and lived in by Sir Tatton Sykes. (for opening times see [www.sledmerehouse.com](http://www.sledmerehouse.com)) Ride away from its fine park-land setting to visit outlying villages with some fine views to the Vale of York, and Duggleby Howe Neolithic burial mound. The Norman church in Kirkby Grindalythe is worth a closer look.

### Big Skies Ride info

**Grade:** Moderate · All on road  
**Shortcut** from West Lutton

**Start/finish:** Parking area under the trees near the Eleanor Cross in village

**Refreshments:** Café at Sledmere House and pub in village; pubs in Weaverthorpe; pub in West Lutton.  
*Opening times vary*

**Public loos:** None

**ALTERNATIVE START** from the small parking area by the church in Wintringham

**8** After the plantations turn **L** and descend towards Duggleby.

**7** Where the road bears left, turn **R** onto a minor road and climb steadily to High Mowthorpe Plantations.

**5** At the T-jct turn **L** downhill towards West Lutton.

**6** Take first **R** into the village along Back Lane, then **R** again at the T-jct.

**Note:** There are two pubs in Weaverthorpe half a mile along the main road from Helperthorpe.

**4** Turn **L** in village, then first **L** to pass Haverdale House.

**3** Turn **R** at T-jct into Helperthorpe, again following a brown Byway sign.

**2** Go **SA** at X-roads following a brown Byway sign.

**11** Turn **R** into the village (turn **R** again alongside the stream to see the Norman church). Continue back to Sledmere and turn **R** at the Wagoners' Memorial to return to the car park.

**Short cut back to Sledmere.** At point 7 follow the signed road to Kirkby Grindalythe and turn **L** in the village, rejoining the route at point 11 (to see the Norman church turn **R** alongside the stream).

**10** At the T-jct turn **R** towards Kirby Grindalythe.

**9** Go **SA** at X-roads into Duggleby and turn **L** to Kirby Grindalythe. (Duggleby Howe is the mound visible in the field on R.)

**1** Head into the village past the Eleanor Cross and Wagoners' Memorial monuments, and turn **L** opposite the pub.

